RESORT ENTOURAGE SUR-LE-LAC

WELLNESS EXPERIENCE GUIDE

Entourage sur-le-Lac offers many activities and a complete experience focused on well-being and the art of living. Throughout your stay, you will be able to benefit from the amenities and activities that are made possible thanks to the common stay costs. Make the most of our great playground!

- Sports activities supervised by a coach
- Multifunctional training room
- Outdoor fire pits
- Jacuzzi and sauna (open 7 am- 11 pm)
- Hybrid bikes or fatbikes
- Pool table
- Ping pong
- Foosball table
- Défi-Évasion® riddle trail for the whole family - departure from the library near the reception
- Board games are available at reception
- High-speed Internet

This schedule is subject to change.

ACTIVITY CALENDAR | November • December 2026

FRIDAY, NOVEMBER 6	SATURDAY, NOVEMBER 7	SUNDAY, NOVEMBER 8
8 am to 9 am Morning yoga with Élie Meet us at Nautique Room	**9 am to 10 am** Yoga with Élie Meet us at Nautique Room	**9 am to 10 am** Yoga with Véro Meet us at Nautique Room
FRIDAY, NOVEMBER 13	**SATURDAY, NOVEMBER 14**	**SUNDAY, NOVEMBER 15**
	**9 am to 10 am** Yoga with Élie Meet us at Nautique Room	**9 am to 10 am** Yoga with Véro Meet us at Nautique Room
FRIDAY, NOVEMBER 20	**SATURDAY, NOVEMBER 21**	**SUNDAY, NOVEMBER 22**
8 am to 9 am Morning yoga with Élie Meet us at the gym	**9 am to 10 am** Yoga with Élie Meet us at the gym	**9 am to 10 am** Yoga with Véro Meet us at the gym
FRIDAY, NOVEMBER 27	**SATURDAY, NOVEMBER 28**	**SUNDAY, NOVEMBER 29**
8 am to 9 am Morning yoga with Élie Meet us at the gym	**9 am to 10 am** Yoga with Élie Meet us at the gym	**9 am to 10 am** Yoga with Sabrina Meet us at the gym
FRIDAY, DECEMBER 4	**SATURDAY, DECEMBER 5**	**SUNDAY, DECEMBER 6**
8 am to 9 am Morning yoga with Élie Meet us at the gym	**9 am to 10 am** Yoga with Élie Meet us at the gym	**9 am to 10 am** Yoga with Véro Meet us at the gym
FRIDAY, DECEMBER 11	**SATURDAY, DECEMBER 12**	**SUNDAY, DECEMBER 13**
8 am to 9 am Morning yoga with Élie Meet us at the gym	**9 am to 10 am** Yoga with Élie Meet us at the gym	**9 am to 10 am** Yoga with Véro Meet us at the gym