



RESORT
ENTOURAGE
SUR-LE-LAC

WELLNESS EXPERIENCE GUIDE

Entourage sur-le-Lac offers many activities and a complete experience focused on well-being and the art of living. Throughout your stay, you will be able to benefit from the amenities and activities that are made possible thanks to the common stay costs. Make the most of our great playground!

- ~ Sports activities supervised by a coach
- ~ Multifunctional training room
- ~ Outdoor fire pits
- ~ Jacuzzi and sauna (open 7 am- 11 pm)
- ~ Hybrid bikes or fatbikes
- ~ Pool table
- ~ Ping pong
- ~ Foosball Table
- ~ Défi-Évasion® riddle trail for the whole family - departure from the library near the reception
- ~ Board games are available at reception
- ~ Enomatic (\$). Card available at reception
- ~ High-speed Internet

This schedule is subject to change.

ACTIVITY CALENDAR | November • December 2026

FRIDAY, NOVEMBER 6	SATURDAY, NOVEMBER 7	SUNDAY, NOVEMBER 8
8 am to 9 am Morning yoga with Élie Meet us at the gym	9 am to 10 am Yoga with Élie Meet us at the gym	9 am to 10 am Yoga with Véro Meet us at the gym
FRIDAY, NOVEMBER 13	SATURDAY, NOVEMBER 14	SUNDAY, NOVEMBER 15
8 am to 9 am Morning yoga with Élie Meet us at the gym	9 am to 10 am Yoga with Élie Meet us at the gym	9 am to 10 am Yoga with Véro Meet us at the gym
FRIDAY, NOVEMBER 20	SATURDAY, NOVEMBER 21	SUNDAY, NOVEMBER 22
8 am to 9 am Morning yoga with Élie Meet us at the gym	9 am to 10 am Yoga with Élie Meet us at the gym	9 am to 10 am Yoga with Véro Meet us at the gym
FRIDAY, NOVEMBER 27	SATURDAY, NOVEMBER 28	SUNDAY, NOVEMBER 29
8 am to 9 am Morning yoga with Élie Meet us at the gym	9 am to 10 am Yoga with Élie Meet us at the gym	9 am to 10 am Yoga with Sabrina Meet us at the gym
FRIDAY, DECEMBER 4	SATURDAY, DECEMBER 5	SUNDAY, DECEMBER 6
8 am to 9 am Morning yoga with Élie Meet us at the gym	9 am to 10 am Yoga with Élie Meet us at the gym	9 am to 10 am Yoga with Véro Meet us at the gym
FRIDAY, DECEMBER 11	SATURDAY, DECEMBER 12	SUNDAY, DECEMBER 13
8 am to 9 am Morning yoga with Élie Meet us at the gym	9 am to 10 am Yoga with Élie Meet us at the gym	9 am to 10 am Yoga with Véro Meet us at the gym