

WELLNESS EXPERIENCE GUIDE

Entourage sur-le-Lac offers many activities and a complete experience focused on well-being and the art of living. Throughout your stay, you will be able to benefit from the amenities and activities that are made possible thanks to the common stay costs. Make the most of our great playground!

- ~ Sports activities supervised by a coach
- ~ Multifunctional training room
- ~ Outdoor fire pits
- ~ Outdoor pool (open 8 am - 10 pm) (adults only after 8 pm) and Jacuzzi (open 7 am- 11 pm)
- ~ Water activities: Paddle board (SUP), Kayak and Canoe (available from 8 am - 8 pm)
- ~ Hybrid bikes
- ~ Volleyball court
- ~ Pool table
- ~ Ping pong
- ~ Baby-foot
- ~ Privileged departure at Golf La Tempête
- ~ Board games are available at reception
- ~ Enomatic (\$) Card available at reception
- ~ High-speed Internet

This schedule is subject to change.

FRIDAY, JUNE 5

8 am to 9 am
 Morning Yoga with Élie
 Meet us at the gym

SATURDAY, JUNE 6

9 am to 10 am
 Morning Yoga with Élie
 Meet us at the gym

SUNDAY, JUNE 7

9:30 am to 10:30 am
 Morning Yoga with Sabrina
 Meet us at the gym

FRIDAY, JUNE 12

8 am to 9 am
 Morning Yoga with Élie
 Meet us at the gym

SATURDAY, JUNE 13

9 am to 10 am
 Morning Yoga with Élie
 Meet us at the gym

SUNDAY, JUNE 14

9:30 am to 10:30 am
 Morning Yoga with Véro
 Meet us at the gym

FRIDAY, JUNE 19

8 am to 9 am
 Morning Yoga with Élie
 Meet us at the gym

SATURDAY, JUNE 20

9 am to 10 am
 Morning Yoga with Élie
 Meet us at the gym

SUNDAY, JUNE 21

9:30 am to 10:30 am
 Morning Yoga with Sabrina
 Meet us at the gym *Happy Father's Day!*

SLEEP WELL. MOVE WELL. EAT WELL. DRINK WELL.