

WELLNESS EXPERIENCE GUIDE

Entourage sur-le-Lac offers many activities and a complete experience focused on well-being and the art of living. Throughout your stay, you will be able to benefit from the amenities and activities that are made possible thanks to the common stay costs. Make the most of our great playground!

- ~ Sports activities supervised by a coach
- ~ Multifunctional training room
- ~ Outdoor fire pits
- ~ Jacuzzi (open 7 am-11 pm)
- ~ Hybrid bikes or fatbikes
- ~ Pool table
- ~ Ping pong
- ~ Board games available at reception
- ~ High-speed Internet
- ~ Enomatic (\$). Card available at reception.

This schedule is subject to change.

* Continuous activity, you start when you arrive depending on availability.

** For activities, **RESERVATION REQUIRED** please book before 9 pm the day before on our LoungeUp app.



SUNDAY, JUNE 1

9:30 am to 10:30 am
 Yoga with Véro
 Meet us at the gym

FRIDAY, JUNE 6

8 am to 9 am
 Yoga with Élie
 Meet us at the gym

SATURDAY, JUNE 7

9:30 am to 10:30 am
 Yoga with Élie
 Meet us at the gym

SUNDAY, JUNE 8

9:30 am to 10:30 am
 Yoga with Mélanie
 Meet us at the gym

FRIDAY, JUNE 13

8 am to 9 am
 Yoga with Élie
 Meet us at the gym

SATURDAY, JUNE 14

9:30 am to 10:30 am
 Yoga with Élie
 Meet us at the gym

SUNDAY, JUNE 15

9:30 am to 10:30 am
 Yoga with Véro
 Meet us at the gym

FRIDAY, JUNE 20

8 am to 9 am
 Yoga with Élie
 Meet us at the gym



SLEEP WELL. MOVE WELL. EAT WELL. DRINK WELL.