

2024 Holiday Schedule

SATURDAY, DECEMBER 21

8:30 am to 9 am
Introduction to meditation
 with Edith mEDITHe
 Meet us at St. James

9:15 am to 10 am
Parents-children Yoga with Élie
 Meet us at St. James

10:15 am to 11:15 am
Hatha Yoga with Élie
 Meet us at St. James

2 pm to 3 pm
Little gourmets break
 Meet us at Légendaire

SUNDAY, DECEMBER 22

8:30 am to 9 am
Introduction to meditation
 with Edith mEDITHe
 Meet us at St. James

9:15 am to 10 am
Parents-children Yoga with Élie
 Meet us at St. James

10:15 am to 11:15 am
Vinyasa Yoga with Élie
 Meet us at St. James

Cookie decorating workshop
 with Jezz Biscuit
1 pm to 1:45 pm – Parents-children
& 2 pm to 2:45 pm – Teens and adults
 Meet us at St. James

2 pm to 3 pm
Little gourmets break
 Meet us at Légendaire

MONDAY, DECEMBER 23

8:30 am to 9 am
Introduction to meditation
 with Edith mEDITHe
 Meet us at St. James

9:15 am to 10 am
Parents-children Yoga with Véro
 Meet us at St. James

10:15 am to 11:15 am
Pilates with Véro
 Meet us at St. James

Cookie decorating workshop
 with Jezz Biscuit
1 pm to 1:45 pm – Parents-children
& 2 pm to 2:45 pm – Teens and adults
 Meet us at St. James

2 pm to 3 pm
Little gourmets break
 Meet us at Légendaire

TUESDAY, DECEMBER 24

9:15 am to 10 am
Parents-children Yoga
 with Élie
 Meet us at St. James

10:15 am to 11:15 am
Vinyasa Yoga
 with Élie
 Meet us at St. James

2 pm to 3 pm
Little gourmets break
 Meet us at Légendaire

WEDNESDAY, DECEMBER 25

2 pm to 3 pm
Little gourmets
break
 Meet us at
 Légendaire

Merry Christmas!



DAILY ACTIVITIES FROM DECEMBER 22 TO JANUARY 4

**OUTDOOR FIRE PITS AND
 ROASTED MARSHMALLOWS**
 From 4 pm.

ENOMATIC FOR WINE (\$)
 Card available at reception.

OPENING OF THE SKATING RINK
 according to the schedule and
 recommendations issued by the
 municipality of Lac-Beauport.

INFLATABLE GAMES IN THE BALLROOM
 From 8 am to 8 pm. Children under
 10 must be supervised by a parent.

Happy Holidays!



THURSDAY, DECEMBER 26

9:15 am to 10 am
Parents-children Yoga
 with Élie
 Meet us at St. James

10:15 am to 11:15 am
Vinyasa Yoga with Élie
 Meet us at St. James

Cookie decorating workshop
 with Jezz Biscuit
1 pm to 1:45 pm – Parents-children
& 2 pm to 2:45 pm – Teens and adults
 Meet us at St. James

2 pm to 3 pm
Little gourmets break
 Meet us at Légendaire

FRIDAY, DECEMBER 27

9:15 am to 10 am
Parents-children Yoga with Véro
 Meet us at St. James

10:15 am to 11:15 am
Pilates Yoga with Véro
 Meet us at St. James

2 pm to 3 pm
Little gourmets break
 Meet us at Légendaire

Christmas ball painting workshop
 with Claudine
3 pm to 4 pm – Parents-children
4:30 pm to 5:30 pm – Teens and adults
 Meet us at St. James

8 pm – Astronomy Evening:
Conference and observation
 Meet us at St. James

SATURDAY, DECEMBER 28

9:15 am to 10 am
Parents-children Yoga
 with Véro
 Meet us at St. James

**9:30 am to 10:15 am &
 10:30 am to 11:15 am**
DIY workshop with Claudine
 RDV Fun club

10:15 am to 11:15 am
Yin-yang Yoga with Véro
 Meet us at St. James

2 pm to 3 pm
Little gourmets break
 Meet us at Légendaire

2024 Holiday Schedule

SUNDAY, DECEMBER 29

**9:30 am to 10:15 am &
 10:30 am to 11:15 am**
DIY workshop
with Claudine
 RDV Fun club

10 am to 5 pm
Christmas Market
 Meet us at Légendaire



MONDAY, DECEMBER 30

9:15 am to 10 am
Parents-children Yoga
with Mélanie
 Meet us at St. James

10:15 am to 11:15 am
Hatha Yoga
with Mélanie
 Meet us at St. James

2 pm to 3 pm
Little gourmets break
 Meet us at Légendaire

TUESDAY, DECEMBER 31

9:15 am to 10 am
Parents-children Yoga
with Élie
 Meet us at St. James

10:15 am to 11:15 am
Hatha Yoga
with Élie
 Meet us at St. James

2 pm to 3 pm
Little gourmets break
 Meet us at Légendaire

WEDNESDAY, JANUARY 1

2 pm to 3 pm
Little gourmets
break
 Meet us at
 Légendaire

*Happy
 New Year!*



THURSDAY, JANUARY 2

9:15 am to 10 am
Parents-children Yoga with Élie
 Meet us at St. James

10:15 am to 11:15 am
Vinyasa Yoga with Élie
 Meet us at St. James

2 pm to 3 pm
Little gourmets break
 Meet us at Légendaire

Christmas ball painting
workshop with Claudine
3 pm to 4 pm – Parents-children
4:30 pm to 5:30 pm – Teens and adults
 Meet us at St. James

FRIDAY, JANUARY 3

9:15 am to 10 am
Parents-children Yoga with Élie
 Meet us at St. James

10:15 am to 11:15 am – Hatha Yoga
with Élie | Meet us at St. James

Cookie decorating workshop
with Jezz Biscuit
1 pm to 1:45 pm – Parents-children
& 2 pm to 2:45 pm – Teens and adults
 Meet us at St. James

2 pm to 3 pm – Little gourmets break
 Meet us at Légendaire

Christmas ball painting workshop
with Claudine
3 pm to 4 pm – Parents-children
4:30 pm to 5:30 pm – Teens and adults
 Meet us at St. James

8 pm – Astronomy Evening:
Conference and observation
 Meet us at St. James

SATURDAY, JANUARY 4

9:15 am to 10 am
Parents-children Yoga
with Élie
 Meet us at St. James

**9:15 am to 10:15 am &
 10:30 am to 11:15 am**
DIY workshop
with Claudine
 RDV Fun club

10:15 am to 11:15 am
Vinyasa Yoga with Élie
 Meet us at St. James

2 pm to 3 pm
Little gourmets break
 Meet us at Légendaire

SUNDAY, JANUARY 5

9:15 am to 10 am
Parents-children Yoga
with Véro
 Meet us at St. James

**9:15 am to 10:15 am &
 10:30 am to 11:15 am**
DIY workshop
with Claudine
 RDV Fun club

10:15 am to 11:15 am
Pilates Yoga with Véro
 Meet us at St. James

WELLNESS EXPERIENCE GUIDE

Entourage sur-le-Lac offers many activities and a complete experience focused on well-being and the art of living. Throughout your stay, you will be able to benefit from the amenities and activities that are made possible thanks to the common stay costs. Make the most of our great playground!

- ~ Sports activities supervised by a coach
- ~ Training room
- ~ Playroom for children
- ~ Outdoor fire pits, marshmallows
- ~ Pool table
- ~ Artistic workshops
- ~ Loan of games for the room
- ~ Ice skates
- ~ Snowshoes and walking sticks
- ~ Fatbikes
- ~ Snow scooters
- ~ And much more!



The **FUN CLUB** will be supervised every day from Saturday, December 21 to Sunday, January 5 from 4 pm to 10 pm.

For morning activities, please book before 9 pm the day before. For afternoon and evening activities, you can book before 12pm (noon) of the same day on our LoungeUp app.

