

ACTIVITY CALENDAR May - June 2024

WELLNESS EXPERIENCE GUIDE

Entourage sur-le-Lac offers many activities and a complete experience focused on well-being and the art of living. Throughout your stay, you will be able to benefit from the amenities and activities that are made possible thanks to the common stay costs. Make the most of our great playground!

- Multifunctional training room
- Outdoor fire pits
- Jacuzzi (open 7 am- 11 pm)
- Hybrid bikes
- Pool table
- Ping pong
- Baby foot
- Enomatic
- High-speed Internet

Activities description

* Reservation required please book before 9 pm the day before.

This calendar is subject to change.

SATURDAY, MAY 4

9:30 am to 10:30 am Yoga with Élie Meet us at the gym

SATURDAY, MAY 11

9:30 am to 10:30 am Yoga with Élie

FRIDAY, MAY 17

FRIDAY, MAY 24

FRIDAY, MAY 3

FRIDAY, MAY 10

8 am to 9 am

Meet us at the gym

Yoga

with Élie

8 am to 9 am Yoga with Élie Meet us at the gym Meet us at the gym

SATURDAY, MAY 18

9:30 am to 10:30 am Yoga with Karine Meet us at the gym

SATURDAY, MAY 25

9:30 am to 10:30 am Yoga with Élie Meet us at the gym

SUNDAY, MAY 5

9:30 am to 10:30 am

Yoga with Véronique Meet us at the gym

SUNDAY, MAY 12

9:30 am to 10:30 am

Yoga with Véronique Meet us at the gym

SUNDAY, MAY 19

8 am to 9 am

Yoga with Élie Meet us at the gym

SUNDAY, MAY 26

9:30 am to 10:30 am

Yoga with Véronique Meet us at the gym

SLEEP WELL. MOVE WELL. EAT WELL. DRINK WELL.



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FRIDAY, MAY 31

8 am to 9 am

Yoga with Élie Meet us at the gym

SATURDAY, JUNE 1

9:30 am to 10:30 am

Yoga with Élie Meet us at the gym

SUNDAY, JUNE 2

9:30 am to 10:30 am

Yoga with Véronique Meet us at the gym

FRIDAY, JUNE 7

8 am to 9 am

THBROT

Yoga with Élie Meet us at the gym

SATURDAY, JUNE 8

9:30 am to 10:30 am

Yoga with Élie Meet us at the gym

SUNDAY, JUNE 9

9:30 am to 10:30 am

Yoga with Véronique Meet us at the gym

FRIDAY, JUNE 14

8 am to 9 am

Yoga with Élie Meet us at the gym

SATURDAY, JUNE 15

9:30 am to 10:30 am

Yoga with Élie Meet us at the gym

SUNDAY, JUNE 16

9:30 am to 10:30 am

Yoga with Véronique Meet us at the gym

SLEEP WELL. MOVE WELL. EAT WELL. DRINK WELL.