

ACTIVITY CALENDAR | March 2024

WELLNESS EXPERIENCE GUIDE

Entourage sur-le-Lac offers many activities and a complete experience focused on well-being and the art of living. Throughout your stay, you will be able to benefit from the amenities and activities that are made possible thanks to the common stay costs. Make the most of our great playground!

- ~ Sports activities supervised by a coach
- ~ Multifunctional training room
- ~ Outdoor fire pits
- ~ Jacuzzi (open 7 am- 11 pm)
- ~ Hybrid bikes or fatbikes
- ~ 3 km** natural ice rink***
- ~ Snowshoes, ice skates, walking poles
- ~ Hockey
- ~ Snow scooters
- ~ Îlot sur glace
- ~ Pool table
- ~ Ping pong
- ~ Baby foot
- ~ High-speed Internet
- ~ Enomatic

Activities description

* Reservation required please book before 9 pm the day before.

This calendar is subject to change.

FRIDAY, MARCH 15

8 am to 9 am
Adult yoga
with Élie
Meet us at the gym

SATURDAY, MARCH 16

9:30 am to 10:30 am
Adult yoga
with Élie
Meet us at the gym

SUNDAY, MARCH 17

9:30 am to 10:30 am
Adult yoga
with Véronique
Meet us at the gym

FRIDAY, MARCH 22

8 am to 9 am
Adult yoga
with Élie
Meet us at the gym

SATURDAY, MARCH 23

9:30 am to 10:30 am
Adult yoga
with Élie
Meet us at the gym

SUNDAY, MARCH 24

8 am to 9 am
Adult yoga
with Élie
Meet us at the gym

FRIDAY, MARCH 29

9:30 am to 10:30 am
Adult yoga
with Élie
Meet us at St. James

8 pm
Astronomy evening
and conference
Meet us
at Légendaire

SATURDAY, MARCH 30

9 am to 9:45 am
Parents-children
Yoga with Élie
Meet us at St. James

9:30 am to 11:30 am
DIY with
Lili and Thérèse
Meet us at Fun Club

10 am to 11 am
Adult yoga with Élie
Meet us at St. James

1:30 pm to 2 pm &
2:30 pm to 3 pm
Easter cookie
creation workshop
with Jézabel
Meet us at St. James

SUNDAY, MARCH 31

8 am to 9 am
Adult yoga with Élie
Meet us at the gym

9 am to 1 pm
Make-up near
the restaurant

9:30 am to 11:30 am
DIY with
Lili and Thérèse
Meet us at Fun Club

1:30 pm to 3:30 pm
Easter egg painting
with Claudine
Meet us at St. James

MONDAY, APRIL 1ST

9 am to 9:45 am
Parents-children
Yoga with Élie
Meet us at St. James

10 am to 11 am
Adult yoga
with Élie
Meet us at St. James

SLEEP WELL. MOVE WELL. EAT WELL. DRINK WELL.